

A faint, light gray graphic of footprints is visible in the background, appearing to lead from the top towards the bottom of the page.

**Take a “prayer walk”  
this week. You may  
choose a crowded  
street to bring prayer  
blessings to many. Or  
you may go to a park  
to discover again  
that the earth is the  
Lord’s, and everything  
in it. Or you may walk  
the Stations of the  
Cross and the IHM  
Parish Columbarium to  
commune with the  
saints and remember  
what God has done  
for you.**